

# JOGA LEGAL

## U-18 ONLINE SOLO COMPETITION

CHILDREN AND JUNIORS  
MALE AND FEMALE

10-17 YEARS



REGISTRATION CLOSE  
24 NOVEMBER

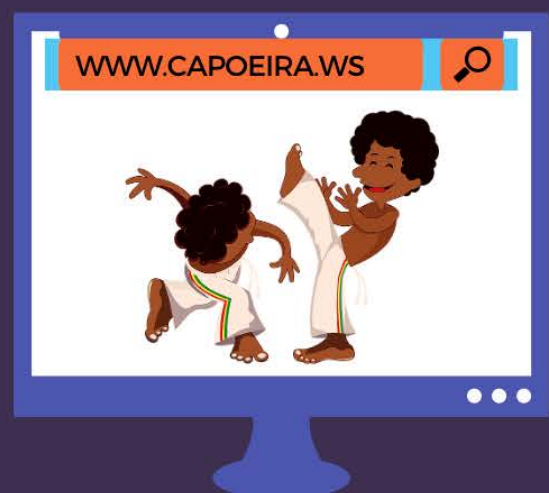
STARTS 30  
NOVEMBER

UPDATED:  
04.11.2020



FOR MORE INFO,  
PLEASE VISIT  
[WWW.CAPOEIRA.WS](http://WWW.CAPOEIRA.WS)

@CAPOEIRA.WCF





## 1. INTRODUCTION

The "JOGA LEGAL" – U-18 Online Capoeira Solo Competition is organized by the World Capoeira Federation via the online platform of the WCF: <https://capoeira.ws/events>. At WCF we put a lot of focus on safety first and the situation we are all currently faced with is no different.

The pandemic has forced many of us around the world into isolation, quarantine, social distancing and even lock-downs. Travel is impossible and continuing normal training and attending events has become temporarily unachievable.

However, just because we cannot leave the house doesn't mean we can't have some fun. This is the 21st Century. We have the technology to stay connected and even compete globally from the comfort of our homes.

Capoeira has many elements that all need to be equally nurtured. While sport competitions are fun when we get together, we believe that we can still make them fun even if we can't be together. Introducing the first WCF online solo competition for all athletes under 18 years old.

"JOGA LEGAL" U-18 Online Capoeira Solo Competition. Film your favourite solo movements and combinations and participate in this online competition. This competition is something any of us can participate in from the comfort and safety of our homes while maintaining personal safety for ourselves and our friends and family through social distancing. Let's have some fun with "JOGA LEGAL".



## 2. DATES & TIMEZONE (by Tallinn time)

### **COACHES & ATHLETES SEMINAR**

- Briefing & Question and Answer in English: 7<sup>th</sup> November 2020 – 10:30.
- Briefing & Question and Answer in Portuguese: 7<sup>th</sup> November 2020 – 23:00.  
An online seminar for coaches and athletes to learn more about the rules and regulations of the competition and ask any questions directly to the chairman of the referee commission.  
Sessions will be interactive by Zoom. (Please see more details below)

### **REGISTRATION TIME**

- Registration open: 15<sup>th</sup> September 2020 – 00:01. Participants can start registration for the event and begin to upload their videos to the web platform.
- Registration close: 24<sup>th</sup> November 2020 – 23:59. This is the last time for registration. Videos do not need to be uploaded at this time.
- Draws (generated randomly by a specialised automated computer program) - 25<sup>th</sup> November 2020 – 12:30.
- Upload Videos for the 1<sup>st</sup> round: 26<sup>th</sup> November time 00:01 – 29<sup>th</sup> November time 23:59. Participants will have 4 days in the first round and 3 days in next rounds to upload their videos to the system.

### **ROUND 1**

- The upload of videos for the Round 1 must be completed before 29<sup>th</sup> November 2020 – 23:59 PM.
- Round 1 voting starts: 30<sup>th</sup> November 2020 – 00:01 AM. The referee panel and the public voting can start from this time.
- Round 1 closes: 8<sup>th</sup> December 2020 – 23:59 PM.
- Qualifiers to the second round can start to upload their videos immediately after the close of the voting for the first round.

### **ROUND 2**

- The upload of new videos for the Round 2 must be completed before 11<sup>th</sup> December 2020 – 23:59 PM.
- Round 2 voting starts: 12<sup>th</sup> December 2020 – 00:01 AM. The referee panel and the public voting can start from this time.
- Round 2 closes: 18<sup>th</sup> December 2020 – 23:59 PM.
- Qualifiers to the third round can start to upload their videos immediately after the close of the voting for the second round.

### **ROUND 3**

- The upload of new videos for the Round 3 must be completed before 3<sup>rd</sup> January 2021 – 23:59 PM.
- Round 3 voting starts: 4<sup>th</sup> January 2021 – 00:01 AM. The referee panel and the public voting can start from this time.
- Round 3 closes: 8<sup>th</sup> January 2021 – 23:59 PM.
- Qualifiers to the fourth round can start to upload their videos immediately after the close of the voting for the second round.  
Please note that there will be a short break for new years that can give the finalists more time to prepare new videos.

### **ROUND 4**

- The upload of new videos for the Round 4 must be completed before 11<sup>th</sup> January 2021 – 23:59 PM.
- Round 4 voting starts: 12<sup>nd</sup> January 2021 – 00:01 AM. The referee panel and the public voting can start from this time.
- Round 4 closes: 16<sup>th</sup> January 2021 – 23:59 PM.
- Qualifiers to the fifth round can start to upload their videos immediately after the close of the voting for the second round.

**ROUND 5**

- The upload of new videos for the Round 5 must be completed before 19<sup>th</sup> January 2021 – 23:59 PM.
- Round 5 voting starts: 20<sup>st</sup> January 2021 – 00:01 AM. The referee panel and the public voting can start from this time.
- Round 5 closes: 24<sup>th</sup> January 2021 – 23:59 PM.
- Winners will be announced on 25<sup>th</sup> January 2021.

**The sharing of the results of the competition will be after the completion of all matches.**

**IMPORTANT NOTES:**

- In case of delay to upload a new video for the new round before designated time in the schedule will result of the block of the upload option in the web platform.
- All times will be set by Tallinn (Estonia) time zone (GMT +3)+

**NOTES ON ZOOM SEMINAR FOR ATHLETES & COACHES:**

There will be an interactive seminar for athletes, parents, coaches, NF's members and other interested persons to talk with the chairman of the referee commission and it's representatives to lean in more details about the rules and regulations of the event.

This is the chance for anybody getting involved to be able to ask their questions directly to the WCF referee commission and clarify any issues or misunderstandings.

The seminar will be split into 2 sessions, one in English and one in Portuguese.

➡ **English Seminar:** November 7<sup>th</sup>. Time: 10:30 (by Tallinn time).

Join to the Zoom meeting via link below:

<https://us04web.zoom.us/j/78041310075?pwd=WnJVdHJoMXdIYXJ2NUZ2bk50eGxtdz09>

Meeting ID: **780 4131 0075**

Passcode: **W4ew65**

For those outside of the Estonia time zone please use these references.

○ Rio de Janeiro (Brazil)	05:30	7 <sup>th</sup> November
○ Lisbon (Portugal)	08:30	7 <sup>th</sup> November
○ Moscow (Russia)	11:30	7 <sup>th</sup> November
○ Baku (Azerbaijan)	12:30	7 <sup>th</sup> November
○ Hong Kong/Shanghai (China)	16:30	7 <sup>th</sup> November
○ Sydney/Melbourne (Australia)	19:30	7 <sup>th</sup> November

➡ **Portuguese Seminar:** November 7<sup>th</sup>. Time: 23:00 (by Tallinn time).

Join to the Zoom meeting via link below:

<https://us04web.zoom.us/j/71389938732?pwd=SVRFczdFcVpKU205eTFGT1RFNGJkdz09>

Meeting ID: **713 8993 8732**

Passcode: **4091QS**

For those outside of the Estonia time zone please use these references.

○ Rio de Janeiro	18:00	7 <sup>h</sup> November
○ Lisbon (Portugal)	21:00	7 <sup>th</sup> November
○ Moscow (Russia)	00:00	<b>8<sup>th</sup> November</b>
○ Baku (Azerbaijan)	01:00	<b>8<sup>th</sup> November</b>
○ Hong Kong/Shanghai (China)	05:00	<b>8<sup>th</sup> November</b>
○ Sydney/Melbourne (Australia)	08:00	<b>8<sup>th</sup> November</b>



### 3. REGISTRATION

The contest is open for participation to all athletes (WCF individual members) under 18 years old.

- Log into your account.
- Go to the EVENTS section.
- Click on the poster of the relevant event.
- Select REQUEST PARTICIPATION.

After this process you will see the change of your status (colorized) that notifies you about the progress of your request.

If your request is approved you will receive an email to pay the €10 Euro participation fee. You can also find the payment link in the PAYMENTS section within your account.

#### NON WCF MEMBERS:

- Capoeiristas who are not yet WCF individual members must first go to subscription area here: <https://www.capoeira.ws/new-member/>
- Fill out the registration form, read the terms carefully and click REQUEST A MEMBERSHIP.
- Pay the €10 Euro (WCF one-year membership fee and participation fee for the current event) with one link received to your e-mail.
- The cost of WCF International Capoeira passport is not included to the price. New members will be able to obtain WCF International Capoeira passport in the first WCF physical competition.

### 4. OPPONENTS, THE BRACKETS AND THE DRAW.

Competitors will be placed in brackets in a Player Vs Player method.

The higher scoring competitor from each bracket will continue to the next round while the lower scoring competitor will be eliminated.

The Draw to determine which players will be paired against which players within a Bracket will generated randomly by a specialised computer program.

In the case there is an odd number of participants in any one category, one player will be automatically passed to the second round. This person will also be randomly selected by the computerised Drawing program.

For more information on Bracketing and the Draw please refer to the WCF guideline "Procedures of Conducting the Draw and Brackets" available on the WCF website at: <https://www.capoeira.ws/documents/>



## 5. GENERAL RULES

5.1. **ELIMINATION SYSTEM:** The competition will be held in PvP (Player VERSUS Player) style. In each round a player will upload a video to perform his/her solo Capoeira and sports abilities versus another player. As a result of Judges and public voting one of them will be qualified for the next round. Thus, the winner of a category will be determined.

5.2. **STYLE:** Your video solo performance should be in accordance with the pace of the Regional style of game.

5.3. **DURATION:** The performed solo combinations must be within 30 seconds Minimum and 45 seconds Maximum. Videos of less than 30 seconds in duration will not be evaluated and therefore disqualified. Videos of more than 45 seconds in duration will only be evaluated up to the 45 seconds mark. The rest of the duration of the longer videos will not be taken into consideration by the Referees.

5.4. **ACCOMPANIMENT:** All action must be performed by the entrant alone and without assistance. Your performance may be accompanied by a friend or a group of people playing a musical instrument(s).

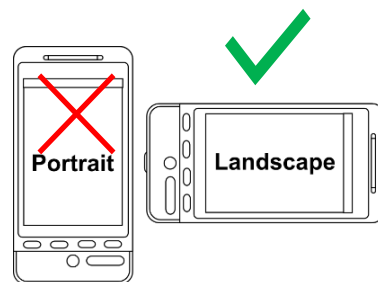
5.5. **BACKGROUND MUSIC:** Background music is not obligatory. Any Capoeira song can be played live in the video or participants can use pre-recorded Capoeira songs as a background music. Backing tracks from published CD's must be cited with Name of the Master, the Group, CD Name, Track Name withing your YouTube upload description. Creating and mixing your own tracks is also acceptable.

5.6. **VIDEO:** the video shall reflect how you naturally perform solo combinations. Videos must be taken from one angle only and entirely filmed in one single shot from start to finish. Edited or cut videos will not be evaluated. Participants may give a brief introduction of themselves (15 seconds max.) in the video before they start the performance then start the performance with minimum delay.

### Recommendation about filming your video:

- Hold the phone in horizontal position (in Landscape view).
- Clean background makes your video beautiful.

**Attention:** Videos will not be accepted by email, WhatsApp or other means. You must upload videos directly from your device to YouTube and enter the link through the EVENT section of your WCF account.



## 6. MOVEMENTS

In each round the competitors shall perform Capoeira movements nonstop within the specified time and demonstrate the best movements and techniques they can.

The following movements are permitted:

STANCE (GINGA)

ESCAPES (Ex. Esquiva, Pêndulo, Puxeta, Cocorinha, Queda de quarto etc.)

GROUND ESCAPES (Ex. Decida trocando, Negativa, Rolê, Passada para as costa, Passada para Frente etc.)

ROUND KICKS (Ex. Meia lua de frente, Queixada, Meia lua de compasso, Armada etc.)

OFFENSIVE KICKS (Ex. Martelos, Bêncão, Chapa, Gancho, Escorpião, Pisão etc.)

ACROBATICS (Ex. Aú, Bananeira, Beija Flor, Pião de Mão, Pião de Cabeça, Relógio, Macaco, Sdobrado, Saltos, Queda de Rins etc.)





### IMPORTANT NOTES ABOUT MOVEMENTS:

- All types of movements mentioned above are allowed with different entrances or variations.
- Any individual salto or difficult movement will not be evaluated if that movement is not used in the combination of a sequence of movements.
- Solo's must be performed on a flat firm surface. Studio dance floor, park or garden for example. The use of sprung floors such as gymnastics floor, air-track and trampoline are prohibited.

### **7. EVALUATION CRITERIA**

Competitors must perform all techniques with control and with good form. The following elements in solo performances will be highly evaluated by the Referees.

- Harmony of movements with Ginga (Explanation: movements performed by competitor must harmonize with movement of "Ginga")
- Balance (Competitor maintains equilibrium and balance while performing the movements)
- Creativity (Competitor sequentially performs various movements)
- Sequence (Transitions from one movement to another is relevant)
- Combination aspects (The best selected and combined movements)
- Correct movement (Movement is performed on the designated trajectory and till the end)
- Diversity of movements (Competitor performs more various and difficult movements)
- Strength (Strength and Stamina are mostly observed in competitor's movements)
- Flexibility (Flexibility is mostly observed in competitor's movements)
- Aspect (Neat uniform, good background music and view)

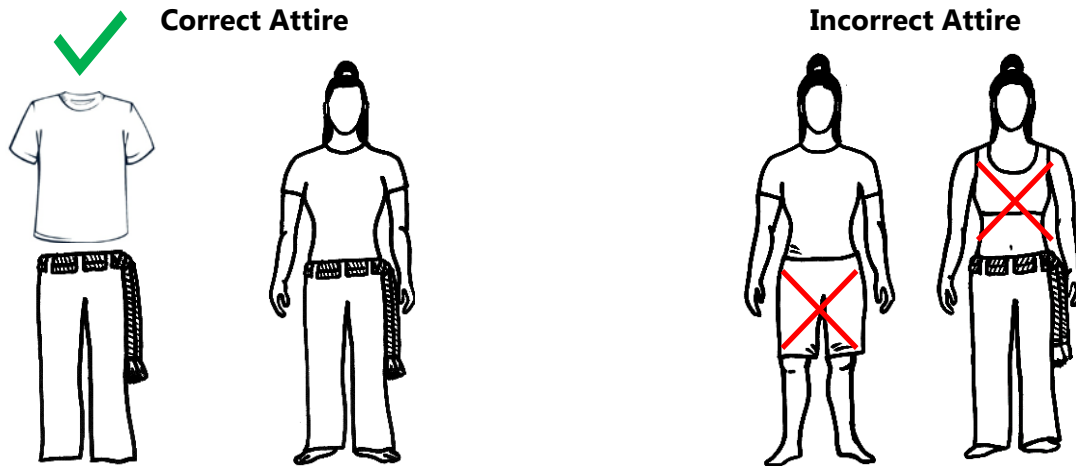
### **8. EVALUATION & POINTS**

Your solo movements performance will be evaluated by professional Capoeira Masters who are qualified as international Capoeira referees by the WCF.

- The maximum points that a participant can get in each round is 7000.
- Each participant will be evaluated by 5 Judging referees as well as by the public (audience).
- The Referees' evaluation points are: 1 star minimum (100 points) and 10 stars maximum (1000 points). The Referees share represents a maximum of 72% (5000 points) of the total assessment.
- The Audience (Public) share the maximum of 28% of the total evaluation points. One "LIKE" equals 1 point. Each participant may receive maximum 2000 LIKES (2000 points) in each round from the audience. Each IP address and email holder can vote for only 1 participant once in each round.
- If the points are equal the results of the previous rounds will be summarized.

## 9. UNIFORMS

The uniform of participants must be as in Sports disciplines and due to the Competition Rules of the WCF. Participants must wear a t-shirt as described below, abada and relevant rope (cordao, cordeal or corda) from her group. Competitors may use either sport shoes or barefoot Note: If your Capoeira Group does not use a rope then you do not need to use a rope, however white sports pants and T-shirt without branding must be used.



## 10. CATEGORIES

The competition composes of the following gender and age groups:

Girls 10-12 years

Boys 10-12 years

Girls Under 14 years

Boys Under 14 years

Girls Under 16 years

Boys Under 16 years

Girls Under 18 years

Boys Under 18 years

### IMPORTANT:

- Maximum 32 players will compete in each group.
- Any category of competition that has 4 or less registered participants that category will be merged with it's closest comparable category.





## 11. ROUNDS

Depending on the number of the players in the group 5 Rounds maximum will be held to determine a winner of the group. The Standings published on the web platform will demonstrate result of the battle between players and qualification as well.

The rounds will open and close for the voting as described above in the section 2.

The number of rounds will depend on the number of participants in the group. Due to the nature of the Draw and method of elimination the competition may only require 3 or 4 rounds.

For example, a category with 8 participants will only require 3 rounds to establish the winners. (1/4 final, semi final and the final).

### IMPORTANT NOTES ABOUT ROUNDS and VIDEO UPLOAD:

1. Participants who progress from one round to another must submit a new video each round.
2. Your video for the next round must be ready to upload to the web platform in time according to the schedule. In case of delay to upload a new video for a new round before designated in the schedule time will result of the block of the upload option in the web platform. In case participant can not upload his/her video in time, they must write an email and get confirmation of permission for late upload. Otherwise the participant will be disqualified.
3. The Uploading of a new video will be available immediately after ending of the old round
4. A participant can change and reload his/her video any time before the voting starts.
5. All rounds will open and close by the Tallinn (Estonia GMT +3) time zone automatically by the system.

## 12. REFEREE PANEL

The Referee panel will be composed of International Referees qualified by WCF. If a Judging Referee has any relationship with a participant's that participants evaluation will be referred to a different referee.

Two presiding referee's will be appointed to oversee the allocation of judging referees and ensure fairness to all participants. These two Presiding Referees will not personally evaluate participants.

**13. WORLD RANKING**

All participants of the competition will collect World Ranking points from the competition. All participants will be able to find his/her name and photo in the WORLD RANKING LIST.

1 2		Vladimir Pulde	 RUS	2019-10-12 2018-05-11	Estonian Open 2019 2018 World Championship (Juniors)	2 9	<b>90</b>
1 3		Azer Orujov	 AZE	2018-05-11	2018 World Championship (Juniors)	3	<b>85</b>
1 4		Timofey Tikhonov	 RUS	2019-10-12 2018-05-11	Estonian Open 2019 2018 World Championship (Juniors)	5 5	<b>84</b>
1 5		Vladislav Brindyukov	 KAZ	2013-06-01	2013 World championship (Juniors)	3	<b>71</b>

**14. AWARDING**

All participants will receive:

- Participation certificate (digital).
  - World ranking points.
  - Personal account and profile in the WCF website (for new members)
- 1-5 place winners will receive special certificate reflecting their achievement.**

**15. CERTIFICATES**

In order to download your certificate, go to the MY CERTIFICATE section inside your personal account in the WCF website. Disqualified participants will not receive a participation certificate.

**16. REGISTRATION FEE**

Participation fee is 10 Euro. This amount is the same for old and new members. The cost of WCF International Capoeira passport is not included to the price for new members. New members will be able to obtain WCF International Capoeira passport in the first WCF physical competition.

How to pay? You can pay by credit card online through the WCF website or through PayPal. You will find a link for payment in your email or in the PAYMENTS section within your personal account in the WCF website.

**17. DISQUALIFICATION & REIMBURSEMENT**

WCF reserves the right to disqualify a participant(s) who break the rules, make provocation or if the action of the participant(s) is considered against the interest of the event or WCF, without prior notification.

There is no reimbursement of the membership fees, should you be disqualified or wish to cancel your participation at any stage during the event.



## **18. INSURANCE & LIABILITY**

The health and safety matters are responsibility of the participants. The WCF assume absolutely no liability in the event of any injury of any participant.

## **19. CHANGES IN THE REGULATIONS**

Changes in these regulations and in the timing may occur at any time in the best interest of the event. The Referee Panel will communicate with the Management Board of WCF where necessary to change the rules in case of force majeure or/about important updates.

## **20. DISPUTES & CLARIFICATION**

Controversial issues that may arise during the competition and which were not mentioned in these regulations will be settled by Referee Panel by taking into consideration other Rules and Regulations of the WCF. Any disputes between the various language versions of these Regulations, the English language version will prevail.

## **21. QUESTIONS & FEEDBACK**

For Frequently Asked Questions visit the FAQ menu in the relevant page of the event (<https://www.capoeira.ws/events/>) If you have specific questions, troubles or you are not satisfied with the answers in the FAQ you can write an email to [info@capoeira.ws](mailto:info@capoeira.ws). Your email will be replied within 48 hours. Please be informed that all other contacts regarding this event (Facebook, Instagram, WhatsApp messages etc.) will not be responded.

## **22. HOW TO UPLOAD VIDEOS TO WEB PLATFORM**

In order to show your video in the Competition website platform you have to:

1. Upload your video to your YouTube channel and copy its URL link.
2. Log into your personal account in the WCF website ([www.capoeira.ws](http://www.capoeira.ws))
3. Go to the EVENTS section inside your account and click the poster of the event.
4. Paste the URL link of your video and click SAVE.



## **23. COPYRIGHT STATEMENT**

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